## Facts about Wisdom teeth: Is removal necessary?

Do you know everything about wisdom teeth? They are the third row of molars and are famous under the name of "wisdom tooth," not because they bestow you with wisdom, but they usually show up later between 17 and 25. A good number of people have to tackle their wisdom teeth at some point, so let's know about these curious yet sometimes troublesome teeth.

#### What are the functions of wisdom teeth?

Wisdom teeth are imputed as "evolutionary relics" that helped our early ancestors consume rougher foods like sticks and reed plants. If any teeth fell or wore out, these acted as replacements for them. In the present times, our dietary habits have shifted to softer foods that are easy to chew, so we do not require these replacement teeth. Some people do not develop them at all, but those who develop may accompany certain complications along with the eruption.

### How do you know your wisdom teeth are coming in?

The onset of wisdom tooth accompanies various symptoms including:

- Pain at the back of your mouth. This pain increases if they erupt in a misaligned or crooked manner.
- There are other symptoms like reddening, swelling and tenderness.

### Why do they cause problems?

Over the years, we started to develop smaller jaws compared to our ancestors. That is the main reason why we do not have enough room in our

mouth for these extra teeth. They start to crowd other teeth and create cosmetic issues. The wisdom teeth get easily impacted because they are located far back, becoming hard to clean. That increases the chances of infection, decay and gum diseases. So, many patients are suggested by wisdom teeth dentists for removal.

# Should I get wisdom teeth removal in Fremont?

Your wisdom teeth removal dentist can answer this question well. At the Center for Implant Dentistry, we have experts who will conduct x-rays to understand your wisdom tooth's eruption and then recommend the best-suited procedure. Schedule your appointment today with our dental office and know more about wisdom teeth eruption.